THINGS YOU CAN DO TO PREVENT LEAD POISONING

Wash hands before every meal, before every snack, and after playing and before bedtime.

Give your children a well balanced diet three times a day (especially foods high in calcium and iron/low in sugar and fat).

Have your children, five years and under, tested for lead.

Tell others about the dangers of lead poisoning.

Always think wet; wash floors and windowsills at least once a week to control dust.